

# **Saline/Salt Lightening/Removal Update**

*by Margie Grimm*

The saline/salt tattoo lightening and removal research continues to be a subject that technicians, clients, and physicians find motivating. Bringing these interested parties together through networking and the sharing of photographs and techniques is what is needed to reach hard and fast conclusions. In this way we go forward with this program and grow from the intelligence derived from many sources.

For instance, through research and example, we have determined that allowing the area treated with saline or salt paste to heal for longer periods of time we are realizing better results. This conclusion was evident when several of my clients who lived long distances away from my studio could not come in for monthly or bimonthly lightening/removal treatments. The comparable lightening results from one eyebrow treatment allowed to heal for several months, was equal to another client's more frequent application results. Of course there are always variables to consider such as skin type, color of pigment being treated, the desired results, etc.; however this has been brought to the table enough times to where our training program now recommends 6 to 8 weeks between treatments.

The strength of salt, the type of salt and the success of lightening or removal on areas on the face or other parts of the body continues to be information I gather from many permanent cosmetic and body art tattoo professionals who share their techniques and photographs accompanied by time line information.

Susan Preston has indicated that saline/salt paste lightening and removal has had a positive impact on the decrease of insurance claims. At one time in our history, many took the route, now known to be almost prohibited, of being out unwanted pigment and ink (using camouflage flesh tone pigments in an attempt to cover up). It literally took years to determine that little if anything was ever gained by being out unwanted pigment and to realize that in fact it creates a secondary problem inasmuch as the flesh tone camouflage pigment blends with the unwanted pigment color under the skin and results in a muted version of the original color. The good news is that through trial and error, the industry sought out a safer and more successful method for corrective procedures and we now have an insurable saline/salt paste tattooing method that when properly trained, all can use comfortably.

You are invited to send me before and after photographs and be part of the ongoing research program that will profoundly impact our industry.

Please correspond with me at [facebydsng@aol.com](mailto:facebydsng@aol.com) so we may all benefit from sharing information about this wonderful program that has brought the comfort of control to so many tattoo professionals.

## **Saline Lightening Classes Very Well Attended**

Face & Body Professionals has now had two saline lightening classes hosted by Margie Grimm. They have been very well attended. Tattooers and permanent cosmetic technicians with 15 or more years experience have attended these classes as well as people who are new in the industry. Professionals are eager to learn from Margie Grimm and guest speaker Dixie Medford as to what the latest techniques are to repair design issues and properly take care of client concerns. Susan Preston presented information on how the saline procedure might be an option with an allergic reaction.

Don't be left out of the latest industry skill. Sign up for a class now or call PPIB if you are a client of their office to get the Lightening Protocol manual.